

Excerpt

From *Recreating Eden: The Exquisitely Simple, Divinely Ordained Plan for Transforming Your Life and Your Planet*

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Excerpted from “Chapter Two—Prime Principle: The Law of Harmony”



Prime Principle: The Law of Harmony

*T*O UNDERSTAND THE SIMPLE BUT POTENT STEPS you will need to take in restoring yourself from the wounded human you've become to the kind of radiance you were designed to embody, it is important to have a rudimentary understanding of some of the larger dynamics of our universe and how it works. Being able to intentionally coordinate with the Creator's design for harmony and the laws that govern your world—not the man-made laws, but the natural ones that determine how things play out here on Planet Earth—will greatly expedite your progress toward a life of ever-increasing bliss. These laws are absolute, so learning to operate within them is requisite to living in harmony, fulfilling your purpose, and recreating Eden.

Knowing how *you*, as an integral part of this grand and perfect design, fit into the universal scheme of things will help you do what is needed to effectively play your part in it. Playing your part in the Whole of Creation is essential to your happiness—indeed, it

is essential in recreating Eden and dwelling in harmony. As you will soon see, your primary role is extremely simple, yet immensely powerful and absolutely vital.

While you read this chapter, it will be helpful to keep an open mind (one of your most valuable evolutionary qualities) and suspend any preconceived ideas you may have. You can always reclaim them later if you want to! The following explanation may be vastly different than any you have considered before, or it may be somewhat familiar to you, but the concepts brought forth in this chapter are pivotal. Even if the information seems at first to be “old hat” to you, I believe you will find it expressed just differently enough to cause you to shift or expand your perception and see things in a new and helpful way.

By internalizing the information herein, you will gain the combination to open the Garden Gate!



OUR UNIVERSE IS ONE ENORMOUS, UNIFIED *WHOLE*, and every single component of it is vital to its integrity and function. There is nothing superfluous—everything and *everyone* in it has a purpose, including you, of course. It is intricately designed so that each particle, each being plays a very specific part that is vital to its overall success. In turn, each being's success depends on how accurately it fulfills its intended function. In other words, your personal success—your capacity for inner satisfaction and true fulfillment—is dependent upon how accurately you align with and fulfill *your* intended function within the Whole.

The Great Intelligence—Source—that initiates this massive creation exists at the very core of it, as well as all throughout it, with every part of Creation being the manifestation of its thought patterns. We are all linked with this Loving Intelligence, and we are all fueled by the emanation of it. This emanation is Life Force Energy, also known as *Love*.

Your very survival, as well as your success in playing the role you came to Earth to play, depends upon your circulation of Life Force Energy, as Life Force is what keeps the part of Creation that

is you, vital. In other words, being connected with Source and engaged with the flow of Life Force is what makes you alive. If you become disengaged from the flow of Life Force, you, or at least the *physical manifestation* of you, are dead!

Sadly, most of us live in a state somewhere in between total aliveness and death, receiving and circulating less and less Life Force as the years pass, operating with a growing deficit of the energy required to be fully alive. This increasing shortage of Life Force causes degeneration and decline, and is the cause of illness and aging. When your physical body, through aging or through trauma, can no longer amply receive and circulate Life Force Energy, it dies and goes into a disintegration process so that its matter can be broken down into a simple state and converted into usable energy again. Though forms die and change, Life Force never dies—it is simply transformed and utilized for another purpose.

So, the most important survival task for any living, embodied entity such as you is the maintaining of its circulation of Life Force Energy. There is only one way you can do that, and that is to be properly positioned in the Divine Design and thus aligned with the Source of Life Force, utilizing the tools built into you for keeping Life Force flowing freely. Essentially, that's pretty much all you need to do to recreate Paradise as well. That—and doing what you were put here to do—which some (namely me) might postulate is one and the same.

Sounds pretty simple, doesn't it? And it is. Then again, it has proven to be harder than it sounds. After all, as I explained in the preceding chapter, most of humanity has forgotten these things, so current conditions on Earth are not supportive of staying correctly aligned to receive ample Life Force from Source, nor are they supportive of maintaining the effective use of your built-in tools for keeping this Life Force circulating effectively. In fact, conditions on Planet Earth have not been at all conducive to survival, much less to thriving. Indeed, your deterioration started about as soon as you popped out of the womb. That old saw that goes "As soon as you're born, you begin to die" is sad but true—at least that's the way it has been on Earth for a long, long time.



AS A HUMAN BEING AND INTEGRAL PART OF THE WHOLE OF CREATION, you are designed to perform a unique set of functions. Actually, “you”—the truth of you—is not the personality or ego-self you may be used to considering as you. You are far more than that. You are a manifestation of a specific idea of the Creator, designed to experience and enjoy existence in human form for a time while fulfilling your purpose here. In other words, you, as an *aspect* of the Creator, provide the Creator with the capacity to function as a specialized type of human on Earth. Your unique makeup, particular abilities, interests, strengths, and, yes, even “weaknesses” make you the one and only one who can be you! *Without you, this particular manifestation of the Creator would not exist.* Regardless of any outward accomplishments you may or may not have achieved, this one fact means that you truly *are* a V.I.P.!

Have you ever wished to be somebody else? I certainly have. Years ago, when I was in a class designed to accelerate spiritual growth, a young woman, a guest of the instructor, took the podium and pretty much blew the room away. I do not recall her name but for the sake of the story, we’ll call her “Serena Johnson.”

She was beautiful and strong and articulate. She stood tall, regal, and self-assured, looking like a Nubian princess in a business suit. Her aura of great substance and radiance telegraphed a spiritual maturity and confidence that I had never before encountered—and immediately coveted. As she spoke, her clarity and power were like beacons cutting through a fog to illuminate our consciousness, and I was overcome with envy. I wanted to be like her. Or more accurately, I wanted to *be* her! I wanted to have what she had, know what she knew, and do what she did. “Oh, God,” I implored. “Why can’t I be Serena Johnson?”

The answer came immediately and forcefully, leaving no room for argument. “Because I already have a perfectly good Serena Johnson. I don’t need another one. What I need is YOU and what only *you* can provide.”

And so it is with you as well. Despite what you think about yourself, what God needs is the unique amalgam of characteristics

that is *you*. Regardless of what most of us feel in adolescence, where the tendency is to believe that being like everyone else is the key to survival, *diversity* is the real name of the game here on Planet Earth; that is so the Creator can experience every possibility of Himself.¹ There is no mistake whatever that every human being is unique. Just as each fingerprint and each snowflake that is created is different from any other, so too is every living being. You are one of a kind, and without *you*, a facet of God is unexpressed.

Yes, every human has her or his own particular, one-of-a-kind role to play. But there is one role that precedes all others. It is the role that *every human* is designed to play because it is so crucial in the Creator's design. Aside from the particular details of your individual assignment on Planet Earth (the job you are designed to do based on your own particular interests and abilities), *your primary purpose as a human being is to be a receiver, carrier, and transmitter of Life Force Energy, also known as "Love."*

Radiating Love is the most important task you can fulfill as a human being. The more freely and capably you receive, circulate, and transmit the Love that is being constantly emanated by Source, the more vital you are in the scheme of things. And because this is what you are designed to do, *doing it naturally positions you for the optimal flow of Life Force*. Indeed, as a perk, doing your job as a transmitter of Love makes you healthy and happy and raises you up within reach of the Garden Gate! The Divine Design is chock-full of such magnificent reciprocations. There are unending benefits that are automatically ours for doing and being that which we were designed to do and be. Talk about the rewards of success!

When you are primarily radiating Love, you are succeeding where it counts the most, despite anything else you may accomplish on this Earth. It is that simple. *When we increase the sum total of Love on Earth, we are successes in doing our primary job as humans*. As long as you are being a transmitter of Love, anything else you

¹ God is not simply male nor simply female, but a perfect balance of both. For lack of a better term, I'm using the male pronoun for now because of the nature of God's polarity as it relates to us, which you will understand as the chapter proceeds.

achieve as a human being is gravy.

There are additional benefits for performing the task of being a transmitter of Love. The only way you can be optimally effective at it is to fully circulate Life Force/Love throughout your body-mind, and that just happens to be the requirement for optimal health and true happiness. Doing your job as a transmitter of Love brings you joy and radiant health! If knowledge of your *individual* role is what you crave, you'll be happy to know that doing your job as a transmitter of Love means that you are automatically hooked up to the Great Intelligence that holds the knowledge of what your other individual, divinely ordained roles and purposes are and how to go about fulfilling them! Not only that, you are in position to receive all the energy you need to carry them out. Neat design, eh?



IT IS TRULY IMPOSSIBLE TO FULLY DESCRIBE A MULTIDIMENSIONAL CREATION of infinite systems within systems—where energy is continually being projected out and taken in all at the same time, where reality is more closely described as holographic than linear. I am going to attempt, however, to create a very simple picture for you that will give you a basic and utilitarian sense of how Life Force Energy relates with Itself and how you are designed to relate with It.

Everything in the Universe is simply energy moving—and though physicists are still arguing about the exact nature of this movement, we'll call it *vibration* until a more accurate and useful term comes along. For now, we'll say that everything is simply energy vibrating at a particular *frequency*. The vibrational rate of energy determines how it manifests. For example, the highest frequency energy our senses can detect is light, the slowest is dense matter, and vibrating at a rate somewhere in between is sound. But there is a much broader spectrum of energy; we simply cannot register all of it with the five senses we routinely use—at least not while we're at the lower vibrational levels most humans are currently operating. This is where our imaginations come in.

Envision the energy with the highest vibrational rate or frequency as being at the Core of Creation—the ultimate concen-

tration of Life Force/Love, and the slowest as being farthest away from the Core, with the lowest concentration of Life Force/Love. Imagine that Creation is configured like a sun,² with the greatest energy in the center and rays of energy extending outward, decreasing in concentration and frequency the farther away from the Core they get.

Along those rays exist every type of entity in its own specific band or range of frequency relative to the Core of Creation. Everything, everyone, and every condition exists within a particular range of frequency and cannot exist outside that range. Each has its own place in the spectrum of Life Force Energy and, depending on that designated place, may manifest closer to or farther from the Core of Creation. And the way the whole thing is designed, you, or any other entity, can only *directly* connect with the energy vibrating at the level just above, adjacent to, or just below the level of your own range of vibration.

For example, you in your physical body, vibrating at the rate that you do, cannot directly connect with the Core—the vibrational intensity there would “fry” your body and energy circuits and cause them to be annihilated, just as getting too close to the sun would. As a human, your specified place in the design is at a lower vibrational level—which is *not* to be confused with an *inferior* vibrational level—and that is where you are designed to be. (Chapter 4 is devoted to exactly how you are meant to connect with higher vibrational levels adjacent to the Core of Creation.)

So you can’t connect directly to the Core, and by the same token, you (your consciousness, that is) cannot fully interface with the slower vibrations of the physical world—at least not without the mediation of your *body*. On Planet Earth, only those privileged with a body, or “Earth suit,” can fully participate in the unique physical experiences available here or, more importantly, perform the vital human function of infusing Love into the physical world.

2 While science is coming to understand Creation as being configured more like a bagel than an orb, we are going to use creative license here to try and understand an aspect of how energy relates with itself in the simplest way possible.

A living, embodied being such as you are is the product of the merging of higher vibrational energy of pure Spirit and the lower vibrational energy of materiality. By marrying these two levels of vibration, your body provides Spirit with a necessary energy interface with the physical world. Because your primary mission as a human is to provide a conduit for higher vibrational energy—Love—to merge with the physical realm on this planet, *your body is the equipment that allows you to do your job here on Earth*. You are the nexus between two levels of being.

As a human, this is your particular place in the Divine Design—the place that, when you occupy it, keeps you in the optimal position relative to the Core of Creation, the Source of Life Force Energy, for optimal energy and an optimal experience of life. There is, however, something standing in the way of this optimal alignment. There is a part of you that prevents you from achieving and sustaining the correct positioning for the job you were designed to do, and it is the thing that has to be changed. We will soon be getting to just what that is.



TO SUM UP WHAT WE'VE LOOKED AT SO FAR, your proximity to the Core of Creation determines your frequency, and your vibrational frequency determines how close you are to the Core of Creation. When you are operating at your optimal frequency, you are as close to Source/the Core of Creation as is possible for you to be as a human. Doing your job as a conduit of Love keeps you as close to the Source of Life Force as is possible, keeps your frequency up, keeps your body healthy, and is a requirement for living in the state of being we call Paradise. And the converse is true: the only way you can do your job as a perfect conduit of Love is to position yourself as close to Source as is possible for a human, thus keeping your frequency up.

Now here's one of the most powerful realizations I have ever had—so utterly simple and, in retrospect, so obvious. It is what this book and the whole “Paradise Process” are built upon: *The Garden of Eden is a positioning relative to Source, the Core of Creation. It is a*

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frequency. It is the maximum frequency at which a human being can manifest. It is the frequency at which you and I were *designed to thrive*, and, when we are operating at that frequency, we are back in the Garden!

It's just that simple.



YES, THE UNIVERSE IS TOTALLY MADE UP OF ENERGY RELATING WITH ENERGY. And, there is a facet of the way it is designed to relate that we need to grasp. The principle upon which the Whole of Creation operates is what we will call "Prime Principle." At its foundation is something so exquisitely simple, we studied it in elementary school science class. This most primary of principles is based on the union of opposites. Remember? Opposites attract. Your teacher likely demonstrated this with magnets.

This law that governs how magnets interact with each other also holds true throughout all Creation and governs every facet of it from the minutest operation to the grandest. Everything, from the formation of an atom to the blooming of a rose in your garden, from the movement of galaxies to the way the freeway flows—or doesn't—is under the jurisdiction of Prime Principle. This includes every facet of your life. So to better understand it, we'll go back to that science class of your childhood.

In this early lesson on magnetic force, you learned that magnets have two sides with different polarities. You learned that one side of the magnet was positive, and the other was negative. You learned that if you tried to put two magnets together with the same polarity sides facing, they would push away from each other. And, that if you flipped one of the magnets around so that the side with opposite polarity was facing the other, they would pull toward each other with a magical force and lock together as if they were glued.

Did your science teacher tell you that she was teaching you about the one great natural law that governs all that exists in our universe? Did she tell you that what she was teaching you about magnets held the map for getting back to Eden? Not likely. But she was—and she probably didn't even know it!

Before we go further, we need to get a couple of things straight. Let's look at the words "positive" and "negative." These words are popularly used today to mean "good" and "bad"—terms that infer *judgment*. In chapter 3, you will come to understand the folly of judgment in general, but for now, let it suffice to say that in this discussion, we will use "positive" and "negative" to denote *polarity* only.

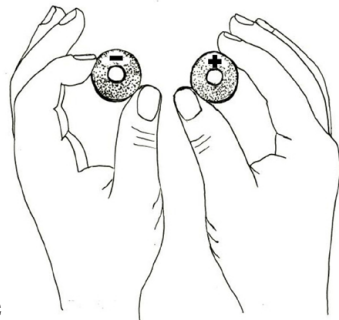
Likewise, let's clarify something about the use of two other popularly utilized terms—"masculine" and "feminine." We normally associate these terms with "men" and "women" respectively. And they are certainly sex-related terms—but in this discourse and throughout this book, they are not intended to be *gender*-related, rather they will be utilized to describe polarity and will be used interchangeably with the terms "positive" and "negative."

These, too, have *nothing* to do with judgment. Equating the term "feminine" with the term "negative" is *not* a judgment. It does not imply in any way that "feminine" is bad. It merely describes its *polarity*. Likewise, equating the term "positive" with "masculine" does not mean "masculine" is "good" or somehow better than "feminine." It, too, describes its *polarity only*.

With that out of the way, let's do some experimenting with magnets. Unless you happen to have a set of unidirectional disc or ring-type magnets on hand, you will need to use your imagination for this part. If it's a bit of a challenge to follow this without having the actual magnets in hand, please just relax and hang in there with it as best you can. It will reward you with some insights that are transformational!

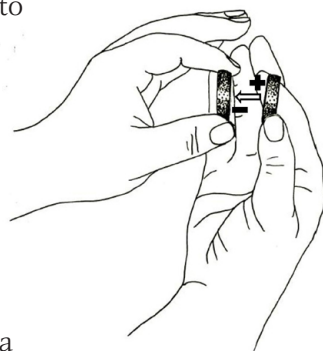
Let's say you have a dozen little magnets, and they are marked as to polarity. Each magnet has both a masculine and a feminine side. The positive or masculine side is marked with a "+" (plus sign), and the negative or feminine side is marked with a "-" (minus sign).

Pick one magnet up and hold it so its "masculine" side is facing out. The

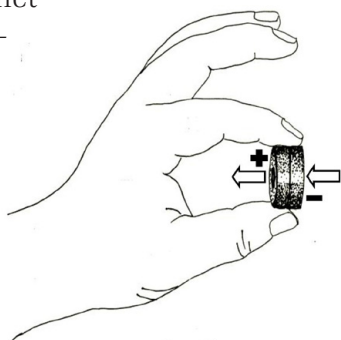


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characteristic of its masculine side is to project or *radiate* energy. Now pick up another magnet in your other hand and be sure its “feminine” side is facing toward the masculine side of the first magnet. The characteristic demonstrated by the feminine side is to accept or *receive* energy.

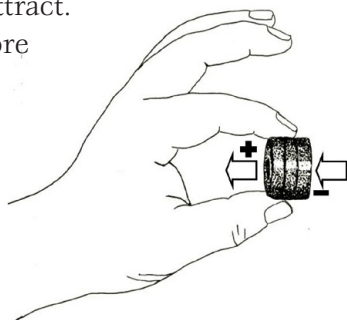


Now bring the two magnets together just close enough so that you can feel a pulling sensation. The force that is created by the interaction of the masculine magnet with the feminine magnet is called *attraction*. Now bring the magnets closer and allow them to come together. When you do this, what happens is called *union*.



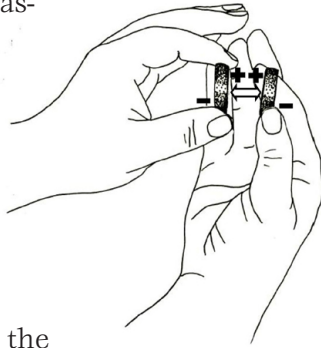
The unified magnets have, in essence, become one, but the power that they now exert together is stronger than the power they exerted individually. This power is called *unified radiance*. You will see that there is still one masculine side and one feminine side visible. And each polarity is demonstrating its respective characteristic. The side marked “masculine” is *projecting* energy. The side marked “feminine” is *receiving* energy. For all intents and purposes, unless you exert effort to pry them apart, they stay together and now possess the qualities of one larger magnet with a greater capacity to radiate and attract.

Next, hold your newly created, more powerful *unified* magnet in one hand, with the masculine side facing out. In the other hand hold another single magnet with the feminine side facing the unified magnet. Bring them close enough together to feel the pull. This time the pull feels uneven. This



time the greater power of the unified magnet more easily pulls the other magnet to it. If you do this again adding yet another magnet, you will feel that the power of the three magnets stuck together is much greater than just the two unified magnets and so on.

Now I will ask you to really stretch your capacity to imagine! Pretend that the Core of Creation is one whale of a strong magnet—actually, the *ultimate* unified magnet, made up of all the smaller magnets in existence (which would be everything in existence—*everything* is a magnet of sorts). Imagine that coming from this great unified magnet is immense unified radiance. (Remember that the terms *radiating*, *radiation*, and *radiance* refer to the masculine characteristic of projecting outward, but in order for it to be possible, both masculine and feminine forces must come together and unify.) Imagine that the “out-facing sides” of this grand magnet are marked with a “+” and are, as are all things in unified radiance mode, demonstrating the masculine characteristic of *projecting* energy.



Now think back to what happens if you try to put two magnet sides with the same polarity together. They repel, and it is impossible for them to make a connection. With that in mind, if you are a magnet and you want to be unified with that grand magnet called Source which is projecting or radiating energy—a masculine action—then what quality or polarity will bring you into union with it? That's right. Your feminine or *receptive* side will. (What your feminine/receptive aspect is will be clarified soon, but in the meantime, please understand that you have one, no matter your gender.)

So if you want to be unified with Source—and you definitely do—you must have the feminine aspect of your being facing or available to Source. In other words, your receptivity must be to the radiation of Source, *not* to the other “magnets” out there. Why? Because when your receptive or feminine side is to other magnets, it means that your masculine, projecting side is to Source. Because Source is *radiating* energy (masculine mode), if you are presenting

the *same* polarity to Source, by universal law, the Prime Principle, *you are automatically repelled*. When you are repelled from Source, it creates a magnetic gap in the frequency hierarchy, separating you from Source, pushing you down in frequency, farther from Source and farther from Eden.

However, *when your receptivity* (feminine side) *is turned to Source* as it is designed to be, *you are automatically unified with Source*, and your energy acts as part of the unified radiance of Source, channeling Source's immense Love to the world. (Remember, that's your job.) When this alignment occurs, your masculine, radiating side is facing outward to those other magnets, and not only do you channel a powerful stream of Love in and through you and out to the world, but the only magnets that can join with you are other magnets that are receptive—receptive to Source—and, thus, in harmony. Any magnets that are *out* of alignment with Source, and thus *out* of harmony, are automatically repelled and *cannot connect with you*, ensuring that your experience is one of ease and harmony, maintaining your frequency at the level where Eden manifests.

By the same token, when your receptivity is *not* to Source and is instead turned to other magnets, you are *repelled* from union with Source. To compound the problem, when your receptivity is to those other magnets and not to Source, you are also magnetic to and aligned with other energies that are repelled from Source. Just as you might imagine, these energies are *not* loving and harmonious. When you are aligned with them, your experience is not one of ease and harmony, and your frequency drops in proportion to your alignment with them.

We will call this state *reverse polarity*. Reverse polarity, particularly in the extreme, is what is commonly referred to as “evil”—but if we are to regain Eden, we will need to let go of the concepts of “good” and “evil.” (In chapter 3, you will see why.) The important thing to remember is that when you are in reverse polarity, you are repelled from Source. When you are repelled from Source, you are pulled down in frequency and thus are out of the range of frequency where Paradise manifests. Not only that, everything below you in the frequency hierarchy is affected by this magnetic gap as well. Which explains why the world is in the mess it's in—not just

because of you, personally, but because of all the humans who are sustaining the magnetic gap and keeping all under their jurisdiction from perfect alignment with Source.

Based on Prime Principle, then, you attract energy (events, circumstances, things) according to your focus and receptivity. This is where the *seemingly* opposite concept to the Prime Principle, that of “like attracts like,” comes in. In actuality, “like attracts like” is simply an integral facet of Prime Principle, since by virtue of what you are receptive to, and thus, what you are radiating out, you attract other magnets that are focused in the same direction.

Though this illustration is focused on the *radiance* of Source—the masculine aspect that is pushing energy outward from the Core, and our correct relationship to it—Source also has an *equally powerful feminine aspect* pulling energy inward back to the Core to complete the cycle that initiates there. And the same principle applies as it relates to the magnet we’re calling “you”: When you are in alignment, your masculine aspect is pointed toward the feminine, receptive pole of the unified magnets we’re calling “God.” To understand how this can be, imagine Creation as a circular bank of unified magnets, where all the arrows of energy movement are pointing in the same direction. There is radiation *out from* the Core, and at the same time, there is a receiving *into* the Core.

So, when you are focused on and receptive to Source, you are properly aligned to be radiating the love from Source, and as a result, to send it back to Source in sequence. In this state, you attract other magnets that are properly aligned, maintaining your optimal frequency and proper position in the energy hierarchy for a harmonious experience. When your receptivity is to anything other than Source, you attract other magnets that are out of alignment, repelled from Source, and lower in frequency. And that connects you with energy in reverse polarity, which pulls you down in frequency and out of Eden. Obviously, then, the trick to residing in Eden is to maintain a constant receptivity to Source. Naturally, how to do that is covered in upcoming chapters.



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NOW THAT I HAVE SHOWN YOU THE BASICS OF PRIME PRINCIPLE, I need to explain that things aren't exactly as simple as, "Some things are aligned with Source and some things are not." If you were to completely lose your alignment with Source, you could not sustain the amount of Life Force needed to operate your body and your body would die (something that, for millennia, has happened to every human sooner or later as a consequence of their imperfect alignment and resulting reduction in Life Force).

Fortunately, much of each human is *involuntarily* aligned with Source and perfectly receptive because human consciousness—free will—is not directly involved in its operation. Think, for example, of the autonomic nervous system that controls a multitude of physical processes in your body. It works whether you think about it or not, and, unless you are an advanced yogi, you probably have little or no conscious control over these processes—the autonomic nervous system keeps them in alignment. But the operations that your conscious mind controls are what are in danger of being pulled out of alignment and can ultimately affect even those systems ruled by the autonomic nervous system. How your conscious mind participates in your exile from Eden and how it can participate in your restoration to it will be covered very soon. It is, actually, the crux of the matter.

For now, let's just acknowledge that most everything and everyone is an amalgam of energies both aligned with Source and out of alignment. In ordinary terms, it's safe to say that no one and no thing is "all bad" or "all good." (You will soon see, though, why even using the terms "bad" and "good" is folly.) At this point in the story of humanity, every human and human-created or human-influenced event, circumstance, or thing is a mixture of both energy in alignment and energy in reverse polarity. And sometimes those magnets are flipping back and forth so fast it is dizzying!

Bringing more and more of these magnets in reverse polarity into alignment is the process we will be undertaking. As we do this, we will rise higher and higher in frequency until we close the magnetic gap completely, experience the perfect alignment with Source we were designed to have, channel immense Love through us, and reach the level where Eden manifests. By virtue of this, all

the elements below us in the energy hierarchy will spontaneously come back into alignment as well, restoring Earth to the glory she is designed to embody. The Prime Principle and the power of unified radiance assure that this will be a whole lot easier than it may sound.

In fact, struggling and working to achieve this is completely antithetical to the process of restoration! Despite the disruption in it at the human level, the Creator's design for harmony is firmly in place, of total integrity, and radiating immense power. What is required to align with it is not to *do* anything so much as it is to *allow* its immense magnetic power to draw us back into our proper place. There is a part of you, though, that is actually working hard—very hard—to keep you out of alignment! We will be addressing this aspect of you and how to convince it to let go and go with the flow, so to speak, in an upcoming chapter.

Returning to Eden, then, is a simple matter of regaining your proper alignment with the Divine Design and thus with Source, a.k.a. “God.” You do this by being fully receptive and obedient to God instead of anything lower, and allowing yourself to be realigned by the magnetic force of the Divine Design. Once you achieve that, you're pretty much home free, with your life an experience of perfect ease and unimaginable bliss! If it's so easy, you may say, and if the frequency of Eden is where we originated and were designed to live, what happened? Why in heaven's name did humanity leave in the first place? For that answer, we will need to go back a ways—back to the biblical Garden of Eden.

For more information on ***Recreating Eden*** and making your life more joyful, please visit www.recreating-eden.com.

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